



Patchwork and Quilting Holidays - 2021 Project Choices & Kit List

Project Choices:

Samplers, Seminole, Beautiful Bargello & Delectable Mountain

For 2021 we are going to continue our exploration of all things *sampler* and *stripy*, as well as offering the lovely *Delectable Mountain*!

Sampler Blocks and Quilts

A fun versatile way to learn a range of patchwork and quilting skills both traditional and modern. Choose from a wide and ever increasing range of designs to make useful and beautiful items from cushions, bags, runners, etc to quilts of all sizes. New for 2021 are two variations of Modern Sampler Quilts with new modern patchwork techniques to learn and an opportunity to learn and practice new modern ways of machine quilting.

Beautiful Bargello and Modern Art Bargello

Bargello projects will still be available, plus Clare's new Modern Art Bargello designs - one using wonderful batik landscape fabric for a quick and easy 'cheats' Bargello and the other a pictorial quilt with a flexible Bargello section within it.

Delectable Mountain Quilts

New for 2021! This is a lovely design with a modern feel if made with just two contrasting plain fabrics - or it is an ideal scrap buster or layer cake project for a very different look. Once the blocks are made (with Clare's favourite 'speedy' method) there are many different ways they can be used, so lots to play with!

Christmas 2021

Join us for a festive Christmas Patchwork Weekend! Make a quick Christmas quilt, wall hanging, table runner, placemats, coasters, or bunting; lovely for your home or to give as gifts. We'll be focusing on quick techniques and projects in time for Christmas!

UFOs (Unfinished Objects) or WIPs (Works In Progress)

Guests will as ever be very welcome to bring along their own projects to work on. Our patchwork and quilting holidays offer a great opportunity to finish those UFOs (Unfinished Objects) or WIPs (Works In Progress) - with the luxury of time, space and expert advice on hand if needed – you can finally see those projects completed! If you have a kit you've started and got stuck - or been unable to start at all - do bring it along and we'll get things moving.

Our patchwork & quilting holidays at Gartmore House are very relaxed and friendly, creative and productive, informal and FUN! In this document you'll find pictures and requirements for the different projects. If you have any questions please do ask - we look forward to welcoming you!

Kit List

Please bring the following items with you for your patchwork and quilting holiday.

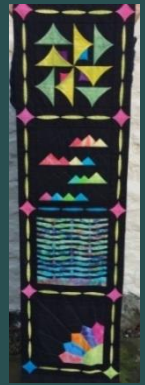
- A sewing kit - pins, needles, scissors (both for fabric and for paper), thimble etc (I will be able to help out if you find you've forgotten anything).
- Freezer paper for sampler block projects if you have it, or you can buy it from me - only a small amount is required.
- Rotary cutter, mat and ruler and a sewing machine (with your instruction book).
- Sewing machines are available to hire if necessary for £40 for the week. All hire machines will have a quarter inch foot, walking foot and free machining foot (darning or embroidery foot). Please book a machine in advance if required.
- Thread for piecing - general purpose thread is sufficient. Clare recommends a pale grey thread as it blends well with all colours.
- For quilting in the ditch Clare suggests YLI invisible thread, stranded embroidery cotton in suitable colours (for a little bit of hand quilting), bobbin thread (normal sewing thread) in a colour to complement your backing fabric (it can either blend or contrast), and machine quilting thread in your chosen colour for machine quilting (not in the ditch). If you are not familiar with all these quilting terms then please relax - all will be made clear!

Please see below for specific material requirements for each project.

Sampler Blocks and Quilts

Sampler Blocks

- There will be a selection of varied block designs for all levels.
- Some can be worked by hand, some by machine.
- Bring a selection of fabrics in your chosen colours - the amount will depend on how many blocks you would like to make.
- The great thing about samplers quilts and projects is that you can add in extra colours as you go along, so it is very flexible. Blocks can be made up into your choice of project – for example a wall hanging, tote bag, cushions, a table runner using 3 or 4 blocks plus fabric for borders and backing, or a quilt (for example using one block repeated which will result in a very different look). For this you will need to bring larger amounts of your chosen fabrics.



Beginners Sampler Quilt (48" x 64")

- Minimum of 6 fat quarters assorted contrasting colours (up to 8 would give you plenty of options).
- 1.5m fabric for sashing and borders (essentially framing fabric for the different blocks and the whole quilt).
- Backing fabric - this can be a sheet or piece of fabric at least 54" x 68" – it can be pieced from smaller pieces of fabric.
- Wadding 52" x 72"



Modern Sampler Quilt One (46" x 60")

- Assortment of plain bright colours-the great thing with a Sampler is that you can add in as needed and it's very flexible. Clare used 14 fabrics plus 2 random florals (!) but aim for the equivalent of 8 fat quarters in total (so some fat eighths or scraps of suitable colours useful here).
- Background fabric - 1.5m. Clare used white but black or navy would be a dramatic alternative.
- Wadding and Backing - 54" x 68" Or, to construct in 3 sections (easier to quilt!) bring 3 pieces of wadding and backing each measuring 70" x 18". The backing can be pieced. Clare particularly recommends double sided temporary adhesive wadding for ease of layering up and machine quilting for this quilt but your usual favourite wadding will also be fine.
- The plain brights are also used for the pieced binding so no extra fabric is needed for that.
- This quilt features a variety of different machine quilting techniques so is so great to learn and practice quilting with the walking foot, free machine quilting, some quilting ruler work.
- Threads - a variety of colours to match or contrast with background and assorted plains.



Modern Sampler Quilt Two (45" x 45")

- This is an improvised design based on Helen Howes quilt for the Quilters Guild of the British Isles which she designed for teachers to promote Modern Quilting. Clare started with one or two of her blocks but soon reverted to her own thing! This is the result and you can either follow Clare's design exactly, or try the various different blocks and make your own quilt with your favourites.
- The fabric requirements are fairly flexible. Clare recommends a minimum of 2m for the background fabric and 6 or so fat quarters or equivalent in bright plain colours to suit.
- Backing and wadding for chosen project size plus extra fabric for separate binding if desired.



Beautiful Bargello and Modern Art Bargello Quilts

Small Bargello Quilt (34" x 38")

- 2.5" strips from 13 fabrics (can be part of a jelly roll or from your fabric stash) shading light, medium and dark in 1, 2 or 3 or 4 colours
- 0.25m fabric for inner border
- 0.5m fabric for outer border
- 1 m fabric for backing
- Wadding - 38" x 42" minimum.
- If you like using jelly rolls you could also make a bed runner with one (40 strips) jelly roll (approx 80" x 30") or a larger quilt with two identical jelly rolls (40 strips each) 80" x 60-70"
- Bring additional fabric required for any optional borders or binding plus backing and wadding to size.



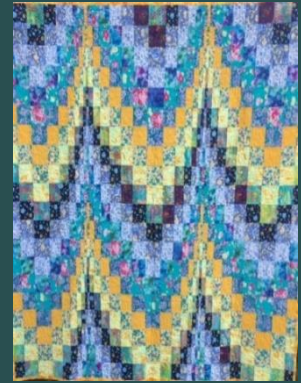
Sunset Cheats Bargello (40" x 66")

- 1m landscape batik fabric (available from The Quilters Cupboard)
- 0.6m toning fabric to top and tail landscape batik bargello (blue batik in sample)
- 0.5m contrast fabric (orange in sample)
- 0.25m second contrast (dark blue in sample)
- 2m 60" wide (can be pieced) for backing and borders (bright blue in sample)
- wadding 52" x 74" approx



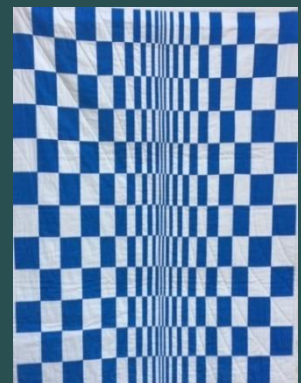
Bargello Bed Quilt (62" x 64" or 80" x 60")

- Fabric - approx 0.5m of 10 fabrics (the different sizes depend on the width of the strips cut)
- Backing fabric & wadding for chosen quilt size.
- Borders can be added to the Bargello panel to frame it and increase the size of the quilt. For example a 3" border will need an additional 0.5 m fabric (minimum) to give you a quilt 68" x 70" or 86" x 66" approx. Then a pieced border could also be added from the bargello fabrics to give a quilt sized 74" x 76" or 92" x 72" approx. And finally an outer border of 5" which will require approx 1m of fabric and the quilt will then measure approx 84" x 86" or 80" x 100".
- Again fabric for backing and wadding will be required to chosen dimensions.
- The Bargello technique is fascinating and flexible - within certain constraints. Full design possibilities can be discussed ... playtime!



Optical Illusion Bargello (42" x 42")

- My design for this quilt was inspired by a Bridget Riley painting. It uses a similar technique to Bargello - but with a very different look!
- Fabric 1 - 2.2m 55" wide or 2.5m 44" wide (this fabric is also used for the backing and binding also)
- Fabric 2 - 0.75m 55" wide or 1.5 m 44" wide
- Wadding 48" square



Landscape Art Bargello (44" x 80")

- Foreground fabric 1 - 0.5m (green)
- Foreground fabric 2 - 0.5 m (sand)
- Sky fabric 0.8 m
- Horizon and binding 0.3 m
- Bargello 12 x 2.5" strips WOF 2 of each colour for sand, shells, sea, spray...
- Scraps for applique details - ducks for applique perse, batiks for birds and island
- Backing fabric 52" x 88" approx (can be pieced)
- Wadding 52" x 88" approx



Seminole Sampler Quilt (42" x 66") Choose your own colours as desired:

- Clare used:
Orange 1.5m
Blue 1m
Dark Green 1m
Yellow 0.5m
Light Green 0.5m
- Backing 1.75m
- Wadding 48" x 72 " approx.



Delectable Mountain Quilts

Cot Quilt 36" x 45"

- Fabrics 1 and 2 - 1m each

Lap quilt 48" x 48"

- Fabrics 1 and 2 - 1.5m each

Single quilt 60"x 80" with single border (66" x 86" with optional second border)

- Fabrics 1 and 2 - 2m each
- Border fabric 0.5m (optional second border fabric 1m)



Double quilt 82" x 96" with double border

- Fabrics 1 and 2 - 3m each
- Inner border 0.5m. Outer border 1m.



King size quilt 94" x 101" with single border

- Fabrics 1 and 2 - 3.5m each
- Border 1m

In addition you will need wadding and fabric for backing in appropriate sizes.

Choosing Fabrics

Choosing fabrics can be a lot of fun but can also be quite daunting. Take your time and enjoy the process - quilt shops are usually only too happy to advise. Everyone has different tastes (thank goodness!) so choose the colours you love. Generally, 100% cotton fabrics are the easiest to work with - new or recycled! Clare recommends pre-washing your fabrics to avoid shrinkage and colour-runs.

Your fabric choice is often dependent on your project choice:

- ***Sampler quilts***

Choose colours you like that either blend together for a 'mellow' quilt - plus add at least a little pop of contrast for what I call 'seasoning' or go for strong contrasts for a vibrant look. If you find a patterned fabric you like containing several colours, pick these out for your contrast fabrics along with the patterned one. You will need a contrast for sashing and possibly binding. Lay out your chosen fabrics and 'audition' several different options - try a dark contrast, then a light one for a very different effect. Try a plain option - then a patterned one! The great thing with sampler quilts is that you can add in more fabrics as you go. For Modern samplers choose bright plain colours with high contrast for simplicity or add in a modern pattern or two for a different look.

- ***Bargello Quilts***

Choose plain colours or batiks (or similar) in several colours and include shading (dark, medium and light) in each colour group. Small prints can work well and the odd larger print can work in a 'scrappy charm bargello' but remember some of the strips may be quite narrow and you really need the main colour to appear in each strip... Your choice of colours will result in very different quilts! You could go minimalist and work in monochrome - just one colour with many shades light to dark - or then just add a pop of contrast.

- ***Seminole Samplers***

Seminole patchwork originated from the Seminole Indians of Florida who used to create brightly coloured geometric patterns to decorate clothing. They traditionally used solid colours with strong contrasts. Although a traditional strip piecing technique, Seminole patchwork remains fresh, modern and contemporary in style so you can work with these original fabric colours, but very different looks can be achieved by using florals or plaids or making a 'scrappy seminole' to use up your stash.

- ***Delectable Mountain***

For a modern look choose 2 plain contrasting fabrics. For a scrappy look choose one contrast and lots of coordinating or clashing fabrics, remnants are ideal, ideally 10" square or so of each (but they could be pieced - although that would be more technically challenging!) Or you could use all scraps but keep a good contrast light and dark for the best effects.

There will be a small selection of fabrics available for sale during your holiday. Wadding on the roll will also be available - super-soft eco blend 70/30 cotton/polyester wadding 90" wide, and 100% cotton 90" wide, 80/20 cotton/polyester adhesive wadding 96" wide. Please let Clare know in advance if you can if you require any wadding to make sure everyone has what they need.

If you need any help choosing a project, fabrics etc please do not hesitate to contact Clare Workman direct - clare.workman10@gmail.com.