



Patchwork and Quilting Holidays - 2022

Project Choices & Kit List

Project Choices:

Explore all things sampler (both traditional and modern), the delectable mountain quilt or try one of two new themes and create a curved strip piece quilt or a patchwork rug!

Sampler Blocks and Quilts

A fun versatile way to learn a range of patchwork and quilting skills both traditional and modern. Choose from a wide and ever increasing range of designs to make useful and beautiful items from cushions, bags, runners, etc to quilts of all sizes. Additionally, there are two variations of Modern Sampler Quilts with new modern patchwork techniques to learn and an opportunity to learn and practice new modern ways of machine quilting.

Delectable Mountain Quilts

This is a lovely design with a modern feel if made with just two contrasting plain fabrics - or it is an ideal scrap buster or layer cake project for a very different look. Once the blocks are made (with Clare's favourite 'speedy' method) there are many different ways they can be used, so lots to play with!

Curved Strip Piecing

New for 2022 play with curved strip piecing techniques for speedy curvy quilts! Clare will gently guide you through successful curved piecing techniques and speedy cutting techniques for larger projects.

Patchwork Rug

First in a proposed series of patchwork rugs, this design is ideal for using up all those offcuts of wadding and fabrics. Start keeping them now for a fun way to recycle and add warmth and colour to your floor!

UFOs (Unfinished Objects) or WIPs (Works In Progress)

Guests will as ever be very welcome to bring along their own projects to work on. Our patchwork and quilting holidays offer a great opportunity to finish those UFOs or WIPs - with the luxury of time, space and expert advice on hand if needed – you can finally see those projects completed! If you have a kit you've started and got stuck - or been unable to start at all - do bring it along and we'll get things moving.

Our patchwork & quilting holidays at Gartmore House are very relaxed and friendly, creative and productive, informal and FUN! In this document you'll find pictures and requirements for the different projects. If you have any questions please do ask - we look forward to welcoming you to Gartmore House!

Kit List

Please bring the following items with you for your patchwork and quilting holiday.

- A sewing kit - pins, needles, scissors (both for fabric and for paper), thimble etc (Clare will be able to help out if you find you've forgotten anything).
- Freezer paper for sampler block projects if you have it, or you can buy it from me - only a small amount is required.
- Rotary cutter, mat and ruler and a sewing machine (with your instruction book).
- Sewing machines are available to hire if necessary for £50 for the week. All hire machines will have a quarter inch foot, walking foot and free machining foot (darning or embroidery foot). Please book a machine in advance if required.
- Thread for piecing - general purpose thread is sufficient. Clare recommends a pale grey thread as it blends well with all colours.
- For quilting in the ditch Clare suggests YLI invisible thread, stranded embroidery cotton in suitable colours (for a little bit of hand quilting), bobbin thread (normal sewing thread) in a colour to complement your backing fabric (it can either blend or contrast), and machine quilting thread in your chosen colour for machine quilting (not in the ditch). If you are not familiar with all these quilting terms then please relax - all will be made clear!

Please see below for specific material requirements for each project.

Sampler Blocks and Quilts

Sampler Blocks

- There will be a selection of varied block designs for all levels.
- Some can be worked by hand, some by machine.
- Bring a selection of fabrics in your chosen colours - the amount will depend on how many blocks you would like to make.
- The great thing about samplers quilts and projects is that you can add in extra colours as you go along, so it is very flexible. Blocks can be made up into your choice of project – for example a wall hanging, tote bag, cushions, a table runner using 3 or 4 blocks plus fabric for borders and backing, or a quilt (for example using one block repeated which will result in a very different look). For this you will need to bring larger amounts of your chosen fabrics.



Beginners Sampler Quilt (48" x 64")

- Minimum of 6 fat quarters assorted contrasting colours (up to 8 would give you plenty of options).
- 1.5m fabric for sashing and borders (essentially framing fabric for the different blocks and the whole quilt).
- Backing fabric - this can be a sheet or piece of fabric at least 54" x 68" – it can be pieced from smaller pieces of fabric.
- Wadding 52" x 72"



Modern Sampler Quilt One (46" x 60")

- Assortment of plain bright colours-the great thing with a Sampler is that you can add in as needed and it's very flexible. Clare used 14 fabrics plus 2 random florals (!) but aim for the equivalent of 8 fat quarters in total (so some fat eighths or scraps of suitable colours useful here).
- Background fabric - 1.5m. Clare used white but black or navy would be a dramatic alternative.
- Wadding and Backing - 54" x 68" Or, to construct in 3 sections (easier to quilt!) bring 3 pieces of wadding and backing each measuring 70" x 18". The backing can be pieced. Clare particularly recommends double sided temporary adhesive wadding for ease of layering up and machine quilting for this quilt but your usual favourite wadding will also be fine.
- The plain brights are also used for the pieced binding so no extra fabric is needed for that.
- This quilt features a variety of different machine quilting techniques so is so great to learn and practice quilting with the walking foot, free machine quilting, some quilting ruler work.
- Threads - a variety of colours to match or contrast with background and assorted plains.



Modern Sampler Quilt Two (45" x 45")

- This is an improvised design based on Helen Howes quilt for the Quilters Guild of the British Isles which she designed for teachers to promote Modern Quilting. Clare started with one or two of her blocks but soon reverted to her own thing! This is the result and you can either follow Clare's design exactly, or try the various different blocks and make your own quilt with your favourites.
- The fabric requirements are fairly flexible. Clare recommends a minimum of 2m for the background fabric and 6 or so fat quarters or equivalent in bright plain colours to suit.
- Backing and wadding for chosen project size plus extra fabric for separate binding if desired.



Delectable Mountain Quilts

Cot Quilt (36" x 45" approx)

- Fabrics 1 and 2 - 1m each

Lap Quilt (48" x 48" approx)

- Fabrics 1 and 2 - 1.5m each

Single Quilt (60" x 80" approx with single border, or 66" x 86" approx with second border)

- Fabrics 1 and 2 - 2m each
- Border fabric 0.5m (optional second border fabric 1m)

Double Quilt (82" x 96" approx with double border)

- Fabrics 1 and 2 - 3m each
- Inner border - 0.5m
- Outer border - 1m

King Size Quilt (94" x 101" approx with single border)

- Fabrics 1 and 2 - 3.5m each
- Border - 1m



In addition you will need wadding and fabric for backing in appropriate sizes.

Curved Strip Piecing

Cot Quilt (27" x 38" approx, or 38" x 38" approx)

- Fabrics 1 and 2 for curved piecing - 0.25m each
- Fabric 3 for curved piecing and extra strips - 0.5m
- Fabric 4 for curved piecing and binding - 0.8m or 1m
- Backing fabric - 0.8 m or 1m



Throw (60" x 40" approx)

- Fabrics 1,2 and 3 for curved piecing - 0.5m each
- Fabric 4 for curved piecing and binding - 1.2m
- Backing - 1.7 m

Single Quilt (66" x 88" approx)

- Fabrics 1, 2, 3 and 4 - 0.75m each
- Sashing fabric (inner border) - 0.5m.
- Unpieced outer border - 1m. Or, pieced outer border made up of 2 fabrics - 0.6m each. You may chose to make the border using fabrics 1-4. If so, bring the required additional length for the border.
- Binding - 0.6m for straight binding or, 1.1m for bias curvy binding



Double Quilt (80" x 90" approx)

- Fabrics 1, 2 and 3 - 2m each
- Fabric 4 (for curved piecing and for binding outer border) - 2.5 m

In addition you will need wadding and fabric for backing in appropriate sizes.

Patchwork Rug

Patchwork Rug (34" x 24" approx)

- Approximately 24m of assorted fabrics and wadding.
- Assorted fabrics 2.5" wide
- Wadding strips 2.25" wide

The more fabric and wadding, the bigger the rug! You can even add strips on later as you collect more offcuts!



Choosing Fabrics

Choosing fabrics can be a lot of fun but can also be quite daunting. Take your time and enjoy the process - quilt shops are usually only too happy to advise. Everyone has different tastes (thank goodness!) so choose the colours you love. Generally, 100% cotton fabrics are the easiest to work with - new or recycled! Clare recommends pre-washing your fabrics to avoid shrinkage and colour-runs.

Your fabric choice is often dependent on your project choice:

- **Sampler Quilt**

Choose colours you like that either blend together for a 'mellow' quilt - plus add at least a little pop of contrast for what I call 'seasoning' or go for strong contrasts for a vibrant look. If you find a patterned fabric you like containing several colours, pick these out for your contrast fabrics along with the patterned one. You will need a contrast for sashing and possibly binding. Lay out your chosen fabrics and 'audition' several different options - try a dark contrast, then a light one for a very different effect. Try a plain option - then a patterned one! The great thing with sampler quilts is that you can add in more fabrics as you go. For Modern samplers choose bright plain colours with high contrast for simplicity or add in a modern pattern or two for a different look.

- **Delectable Mountain**

For a modern look choose 2 plain contrasting fabrics. For a scrappy look choose one contrast and lots of coordinating or clashing fabrics, remnants are ideal, ideally 10" square or so of each(but they could be pieced -although that would be more technically challenging!)Or you could use all scraps but keep a good contrast light and dark for the best effects.

- **Curved Strip Piecing**

Strongly contrasting fabrics will produce a very dynamic look-plains or patterned. Including one striped fabric can add a very interesting element to your quilt. Close blending colours will give a more subtle look- the choice is yours!

Full width pieces of fabric will allow longer curved pieced units but fat quarters will produce curved strip blocks which can be joined in different orientations for a different look again. Curved piecing is great for borders too so if you have a quilt in need of a border bring appropriate colours and sufficient length for that.

- **Patchwork Rug**

Anything goes here-colours to suit your decor if the rug is for a particular room. Patterned fabrics are excellent-even those unfortunate purchases you now regret can look great in a rug. You could make the rug all one colourway for a subtle look or go all out for zany contrast.

There will be a small selection of fabrics available for sale during your holiday. Wadding on the roll will also be available - super-soft eco blend 70/30 cotton/polyester wadding 90" wide, and 100% cotton 90" wide, 80/20 cotton/polyester adhesive wadding 96" wide. Please let Clare know in advance if you can if you require any wadding to make sure everyone has what they need.

If you need any help choosing a project, fabrics etc please do not hesitate to contact Clare Workman direct - clare.workman10@gmail.com.